

The Year *in* Review

July 2021-June 2022



A letter from our Executive Director

Our official
slogan
here at Two
Bear TRC is
“Therapeutic
for All.”

WE BELIEVE THAT A RELATIONSHIP IS BASED on mutual benefit, where each party receives a net gain from being in the relationship. Horses are incredible creatures that can impact a person in profound ways. However, unlike us, they don't have a choice in the work they do. The phrase “Therapeutic for All” stemmed from explaining to participants, their families and volunteers that horses are as sensitive and in tune with us as we allow them to be. Being aware of how they're feeling and handling the work we ask of them—and recognizing when they need a break—builds a trusting and mutually respectful relationship between horse and rider, allowing our herd to communicate clearly what they need! In turn, we teach our participants how to think of others, how to recognize discomfort and how to step out of their “me box” and take care of someone they love. It is truly a magical thing to see unfold.

This mentality easily transfers to our staff, board members and donors. When you trust that the person next to you has your best interest in mind, it's easy to jump in with both feet.

Our riding center has built an incredible community of volunteers, board members and families of our participants. Because of the generosity from our community and faith in our program, we were able to bring a second instructor on board to help broaden our impact and reach more individuals in need in our valley.

We were able to impact *85 individuals* in this evaluated timeframe totaling *1,359 lessons* in our adaptive horsemanship program, physical therapy and psychotherapy services. Our *40 volunteers* dedicated *3,680 volunteer hours* to both facility/horse care and program lessons!

Next year we are excited to add summer camps, tailored programs, and larger group programs to expand our reach and add more faces to our growing community.

Thank you to each and every individual who has dedicated their time, money and energy into our program. We would not be here without you!

Warmly,



Katherine Licence
Executive Director



Our Financials

Your financial support makes a difference for our riders and their families! Because of the generosity of our community, we are able to keep costs of services as low and as affordable as possible.

Total Assets
\$103,999

Total Liabilities
\$1,369

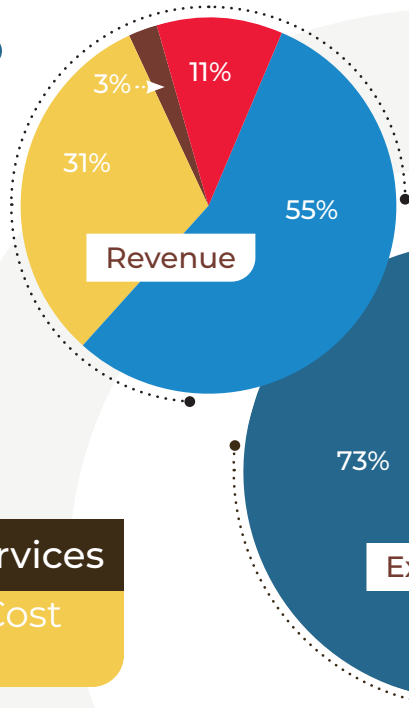
Net Assets
\$102,630

Cost of Services

Actual Cost
\$178

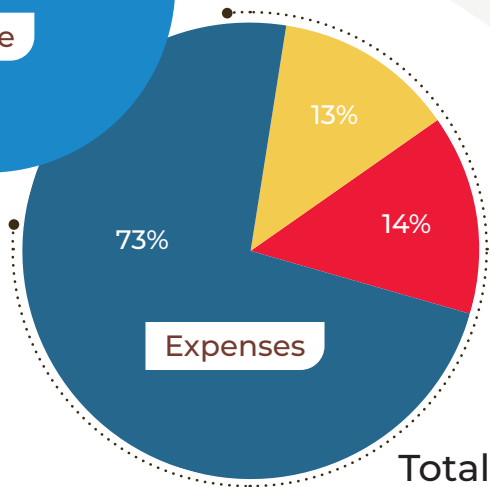
Donor Offset
\$143

Participant Fee
\$35



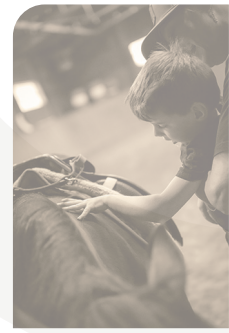
Total Revenue:
\$274,944.34

- Contributions: \$151,788.61
- Special events/fundraisers: \$86,064
- Other types of income: \$6,783
- Program revenue: \$30,308.73



Total Expenses:
\$222,364.45

- Programs: \$162,815.09
- Fundraising: \$28,299.63
- Administrative: \$31,249.73



Program Info

Adaptive Horsemanship: teaching the art of horsemanship in a way that fits each person's abilities.

Physical Therapy: utilizing equine movement to reach functional goals of a patient.

Psychotherapy: using the sensitive nature of the horse to bring awareness to clients' emotional state.

ADAPTIVE HORSEMANSHIP
Participants/
Lessons or Sessions

49/874

PHYSICAL THERAPY
Participants/
Lessons or Sessions

7/96

EQUINE-ASSISTED
PSYCHOTHERAPY
Participants/
Lessons or Sessions

29/389

• Visit us online at www.twobeartrc.org



Volunteer Hours

Volunteers are the core foundation of our program. Without the dedicated help from each person donating their time and energy, we would not be able to do what we do!

“Volunteering at Two Bear TRC fosters kindness, good will towards others and gratitude for all we share as human beings. I always leave feeling so full of those good feelings. It’s like a boost that’s hard to describe, but very real.”

–Betsy Pough

Individuals

40

Appointments

479

Hours

3680



Equine Info

Horses are dynamic, energetic and smart animals that need to keep both mind and body engaged to find peace and happiness. By exposing them to many different types of work and play, they stay mentally engaged in their work and have less risk of burnout in program lessons.

Horses used in program

9

Age range

6 to 30

Lessons given/horse

3-8/wk

Working weeks/year

42

Treatment types received

Chiropractic care, veterinary care, equine massage & energy work

What else can our herd do?

Cow work, trail rides, dressage, roping, jumping and more!



**All data and statistics collected between July 2021–June 2022*

INSIDE:

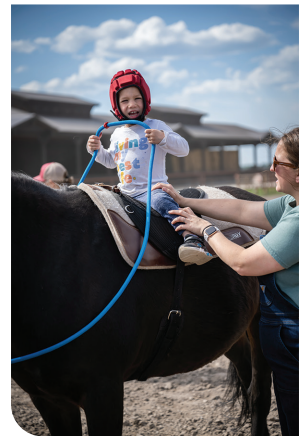
The Year in Review

JULY 2021-JUNE 2022



Mission and Values

“We believe everyone deserves a chance to reach their full potential. We also believe that horses can bond with and inspire us in profound ways. Through offering specialized therapies and equine-assisted activities, we help improve the physical, social and emotional well-being of those we serve, while fostering growth in personal confidence and independence.”



We'd love to have you join the Two Bear TRC family! Learn how you can become a volunteer or sponsor on our website:

www.twobeartrc.org

“Our daughter has been working with Sally and Kat at Two Bear TRC for a couple years and love it. They provide a happy learning environment with the repetition, structure and consistency she needs. Thank you!”

—Lynette Jarvis